

All Week
Springfield Springfield YMCA. Pioneer Valley Commuter Challenge. Compete against other businesses by Springfield Free 60 minute bike rentals. Donations accepted. North Riverfront Park. Springfield Mason Square Health Task Force FIT Challenge. Amherst Bike specials daily at businesses displaying green helmet logo.

Saturday, May 10

Northampton Winery Ride Westfield Berkshire Brevets 300K. Entry fee/ preregistration. New Horizons Bikes, 55 Franklin St. 6am

Sunday, May 11

Monday, May 12

North Riverfront Park. 8-11am

Tuesday, May 13Springfield Commuter Breakfast.
North Riverfront Park. 8-11am Greenfield Commuter Breakfast. Olver Transit Building, 12 Olive St. 7:30-10am Holyoke Commuter Breakfast. Highland Bike

Wednesday, May 14

Northampton Commuter Breakfast, Court House Lawn. 7-10am Springfield Morning bike ride, 25 miles, North Riverfront Park. Springfield Commuter Breakfast. North Riverfront Park, 8-11am Springfield Movie night at PVRC, North Riverfront Park. 6:30pm Chicopee Commuter Breakfast.

Thursday, May 15

Springfield Commuter Breakfast North Riverfront Park. 8-11am

Friday, May 16 Greenfield Commuter Lunch. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst CyclingSavvy Traffic Safety Course, Part I. 6-9pm historic bikes, etc. - test rides encouraged; various displays and exhibits. Main St. Parking Lot. 7-11am

Saturday, May 17

Springfield Family Fun Festival. Food, bike decorating, parade, face-painting, rowing-paddling instructions, and tours of the Connecticut River Walk. Amherst CyclingSavvy Easthampton Trailside bike breakfast, Manhan Rail Trail near Tandem Bagel. 8-10am

Sunday , May 18

South Hadley Bike Safety Rodeo, Boy Scout Troop 303. South Hadley Hike and Bike to Lithia Springs. West Springfield Colorado Ski Shop in-store celebration. Refreshments, in-store sales event. Colorado Ski Shop, 1160 Westfield St. 12-3pm.







All Week
Springfield Springfield YMCA. 275 Chestnut St. 6-10am Pioneer Valley Commuter Challenge. Compete against other businesses by Learn more at masscommuterchallenge.org. Springfield Free 60 minute bike rentals. Donations accepted. North Riverfront Park. Springfield Mason Square Health Task Force FIT Challenge. displaying green helmet logo.

Saturday, May 10

Northampton Winery Ride Westfield Berkshire Brevets 300K. Entry fee/ preregistration. New Horizons Bikes. 55 Franklin St. 6am

Sunday, May 11

Monday, May 12 Springfield Commuter Breakfast. North Riverfront Park. 8-11am

Tuesday, May 13Springfield Commuter Breakfast. Greenfield Commuter Breakfast. Olver Transit Building, 12 Olive St. 7:30-10am Holyoke Commuter Breakfast. Highland Bike

Wednesday, May 14

Northampton Commuter Breakfast, Springfield Morning bike ride, 25 miles, Springfield Commuter Breakfast. North Riverfront Park. 8-11am Springfield Movie night at PVRC, North Riverfront Park. 6:30pm Chicopee Commuter Breakfast.

Thursday, May 15

Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst Film Festival.

Friday, May 16Greenfield Commuter Lunch. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst CyclingSavvy Traffic Safety Course, Part I. 6-9pm Amherst Commuter Breakfast /Bike Show to include accessible cycles, unusual bikes historic bikes, etc. - test rides encouraged; various displays and exhibits. Main St. Parking Lot. 7-11am

Saturday, May 17

Springfield Family Fun Festival. Food, bike decorating, parade, face-painting, rowing-paddling instructions, and tours of the Amherst CyclingSavvy Easthampton Trailside bike breakfast, Manhan Rail Trail near Tandem Bagel. 8-10am

South Hadley Bike Safety Rodeo. South Hadley Hike and Bike to Lithia Springs. West Springfield Colorado Ski Shop in-store celebration. Refreshments, in-store sales 1160 Westfield St. 12-3pm.







All Week

Springfield Springfield YMCA.
Free showers provided to commuters.
275 Chestnut St. 6-10am
Pioneer Valley Commuter Challenge.
Compete against other businesses by commuting to work by bicycle!
Learn more at masscommuterchallenge.org.
Springfield Free 60 minute bike rentals.
Donations accepted. North Riverfront Park.
Springfield Mason Square Health Task
Force FIT Challenge.
Amherst Bike specials daily at businesses displaying green helmet logo.

Saturday, May 10

Northampton Winery Ride Westfield Berkshire Brevets 300K. Entry fee/ preregistration. New Horizons Bikes, 55 Franklin St. 6am

Sunday, May 11

Monday, May 12

Springfield Commuter Breakfast. North Riverfront Park. 8-11am

Tuesday, May 13

Springfield Commuter Breakfast.
North Riverfront Park. 8-11am
Greenfield Commuter Breakfast.
Olver Transit Building, 12 Olive St. 7:30-10am
Holyoke Commuter Breakfast. Highland Bike
and Hardware, 917 Hampden St. 7-9am

Wednesday, May 14

Northampton Commuter Breakfast, Court House Lawn. 7-10am Springfield Morning bike ride, 25 miles, North Riverfront Park. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Springfield Movie night at PVRC, North Riverfront Park. 6:30pm Chicopee Commuter Breakfast. Mickey's Bike Shop. 520 East St. 8-10am

Thursday, May 15

Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst Film Festival.

Friday, May 16 Greenfield Commuter Lunch.

Greenfield Commuter Lunch.
Springfield Commuter Breakfast.
North Riverfront Park. 8-11am
Amherst CyclingSavvy
Traffic Safety Course, Part I. 6-9pm
Amherst Commuter Breakfast /Bike Show
to include accessible cycles, unusual bikes,
historic bikes, etc. – test rides encouraged;
various displays and exhibits.
Main St. Parking Lot. 7-11am

Saturday, May 17

Springfield Family Fun Festival. Food, bike decorating, parade, face-painting, rowing-paddling instructions, and tours of the Connecticut River Walk.

North Riverfront Park. 12-4pm

Amherst CyclingSavvy

Traffic Safety Course, Part II. 9am-4:30pm
Easthampton Trailside bike breakfast,

Manhan Rail Trail near Tandem Bagel. 8-10am

Sunday, May 18

South Hadley Bike Safety Rodeo. Boy Scout Troop 303. South Hadley Hike and Bike to Lithia Springs. West Springfield Colorado Ski Shop in-store celebration. Refreshments, in-store sales event. Colorado Ski Shop, 1160 Westfield St. 12-3pm.











All Week
Springfield Springfield YMCA. Free showers provided to commuters. 275 Chestnut St. 6-10am Pioneer Valley Commuter Challenge. Compete against other businesses by commuting to work by bicycle! Learn more at masscommuterchallenge.org. Springfield Free 60 minute bike rentals. Donations accepted. North Riverfront Park. Springfield Mason Square Health Task Force FIT Challenge. Amherst Bike specials daily at businesses displaying green helmet logo.

Saturday, May 10 Northampton Winery Ride Westfield Berkshire Brevets 300K. Entry fee/ preregistration. New Horizons Bikes, 55 Franklin St. 6am

Sunday, May 11

Monday, May 12 Springfield Commuter Breakfast. North Riverfront Park. 8-11am

Tuesday, May 13Springfield Commuter Breakfast. North Riverfront Park. 8-11am Greenfield Commuter Breakfast. Olver Transit Building, 12 Olive St. 7:30-10am Holyoke Commuter Breakfast. Highland Bike and Hardware, 917 Hampden St. 7-9am

Wednesday, May 14

Northampton Commuter Breakfast, Court House Lawn. 7-10am Springfield Morning bike ride, 25 miles, North Riverfront Park. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Springfield Movie night at PVRC, North Riverfront Park. 6:30pm Chicopee Commuter Breakfast. Mickey's Bike Shop. 520 East St. 8-10am

Thursday, May 15

Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst Film Festival.

Friday, May 16Greenfield Commuter Lunch. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Amherst CyclingSavvy Traffic Safety Course, Part I. 6-9pm Amherst Commuter Breakfast /Bike Show to include accessible cycles, unusual bikes, historic bikes, etc. - test rides encouraged; various displays and exhibits. Main St. Parking Lot. 7-11am

Saturday, May 17

Springfield Family Fun Festival. Food, bike decorating, parade, face-painting, rowing-paddling instructions, and tours of the Connecticut River Walk.
North Riverfront Park. 12-4pm Amherst CyclingSavvy Traffic Safety Course, Part II. 9am-4:30pm Easthampton Trailside bike breakfast, Manhan Rail Trail near Tandem Bagel. 8-10am

Sunday , May 18 South Hadley Bike Safety Rodeo. Boy Scout Troop 303. South Hadley Hike and Bike to Lithia Springs. West Springfield Colorado Ski Shop in-store celebration. Refreshments, in-store sales event. Colorado Ski Shop, 1160 Westfield St. 12-3pm.







Springfield Springfield YMCA. Free showers provided to commuters. 275 Chestnut St. 6-10am Pioneer Valley Commuter Challenge. Compete against other businesses by commuting to work by bicycle! Learn more at masscommuterchallenge.org. Springfield Free 60 minute bike rentals. Donations accepted. North Riverfront Park. Springfield Mason Square Health Task Force FIT Challenge. Amherst Bike specials daily at businesses displaying green helmet logo.

Saturday, May 10Northampton Winery Ride

Westfield Berkshire Brevets 300K. Entry fee/ preregistration. New Horizons Bikes, 55 Franklin St. 6am

Sunday, May 11

Monday, May 12 Springfield Commuter Breakfast. North Riverfront Park. 8-11am

Tuesday, May 13Springfield Commuter Breakfast. North Riverfront Park. 8-11am Greenfield Commuter Breakfast. Olver Transit Building, 12 Olive St. 7:30-10am Holyoke Commuter Breakfast. Highland Bike and Hardware, 917 Hampden St. 7-9am

Wednesday, May 14

Northampton Commuter Breakfast, Court House Lawn. 7-10am Springfield Morning bike ride, 25 miles. North Riverfront Park. Springfield Commuter Breakfast. North Riverfront Park. 8-11am Springfield Movie night at PVRC, North Riverfront Park. 6:30pm Chicopee Commuter Breakfast. Mickey's Bike Shop. 520 East St. 8-10am

Thursday, May 15

Springfield Commuter Breakfast North Riverfront Park. 8-11am Amherst Film Festival.

Friday, May 16Greenfield Commuter Lunch. Springfield Commuter Breakfast. North Riverfront Park, 8-11am Amherst CyclingSavvy Traffic Safety Course, Part I. 6-9pm Amherst Commuter Breakfast / Bike Show to include accessible cycles, unusual bikes, historic bikes, etc. - test rides encouraged; various displays and exhibits. Main St. Parking Lot. 7-11am

Saturday, May 17 Springfield Family Fun Festival. Food, bike decorating, parade, face-painting, rowing-paddling instructions, and tours of the Connecticut River Walk. North Riverfront Park. 12-4pm Amherst CyclingSavvy Traffic Safety Course, Part II. 9am-4:30pm Easthampton Trailside bike breakfast, Manhan Rail Trail near Tandem Bagel. 8-10am

Sunday , May 18South Hadley Bike Safety Rodeo. Boy Scout Troop 303. South Hadley Hike and Bike to Lithia Springs. West Springfield Colorado Ski Shop in-store celebration. Refreshments, in-store sales event. Colorado Ski Shop, 1160 Westfield St. 12-3pm.



